



*Silver Arts*

**2017**

# Randolph County Senior Games

*"... Something for the Artist and Athlete in Everyone..."*

GAME DATES

March 13 - April 29

FOLLIES &

SILVERARTS SHOWCASE

March 14

## GOLD SPONSORS

City of Asheboro

Humana

McLeod Insurance Agency, Inc.

North Carolina Senior Games, Inc.

## SUPERVISING AGENCY

Asheboro Cultural & Recreation Services

## COORDINATING AGENCIES

Archdale Parks & Recreation

Liberty Parks & Recreation

Randleman Parks & Recreation

Randolph/Asheboro YMCA

Randolph County Health Department

Randolph County Senior Adults Assoc.

**Early Bird Deadline: February 17**

**Entry Deadline: February 24**

"Randolph County Senior Games is sanctioned by North Carolina Senior Games, Inc. NCSG, Inc. is sponsored statewide by the North Carolina Division of Aging and Adult Services"

## Locations

Archdale Creekside Park  
214 Park Dr.  
Archdale, NC 27263

AVS Banquet Center  
2045 N. Fayetteville St.  
Asheboro, NC 27203

Randolph/Asheboro YMCA  
343 NC Hwy 42 N.  
Asheboro, NC 27203

Asheboro Cultural & Recreation  
241 Sunset Ave.  
Asheboro, NC 27203

Family Sports Center  
219 NC-42  
Asheboro, NC 27203

Roy C. Reitzel Center  
128 S. Fayetteville St.  
Liberty, NC 27298

Asheboro Golf Course  
421 Country Club Dr.  
Asheboro, NC 27205

Freedom Park  
Hamilton Dr.  
Liberty, NC 27298

SAMS Track  
523 W. Walker Ave.  
Asheboro, NC 27203

Asheboro Senior Center  
347 W. Salisbury St.  
Asheboro, NC 27203

Lowes Motor Speedway  
5555 Concord Pkwy S.  
Concord, NC 28027

Smith Senior Center  
2401 Fairview St.  
Greensboro, NC 27405

Asheboro Skate Park  
825 S. Church St.  
Asheboro, NC 27203

Memorial Park  
800 S. Church St.  
Asheboro, NC 27203

Sunset Theatre  
234 Sunset Ave.  
Asheboro, NC 27203

Randleman Recreation Center  
144 W. Academy St.  
Randleman, NC 27317

## Gold Sponsors



**Humana.**

**McLeod**  
Insurance Agency LLC  
— Since 1971 —

NORTH  
CAROLINA  
Senior Games



# General Event Information

## ELIGIBILITY

Randolph County Senior Games and/or SilverArts is open to all North Carolina Residents age 50 and older. Participants must reside in North Carolina at least 3 consecutive months out of the year. Non-residents of Randolph County may participate upon approval from the Coordinator. Your age on December 31, 2017 will determine the category that you will compete in. Men and Women compete in separate categories in the following age groups: 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80-84, 85-89, 90-94, 95-99, 100+.

## REGISTRATION

To register for the Randolph County Senior Games and/or the SilverArts, complete the entry form and submit payment to RCSG, no later than **Friday, February 24, 2017**. Each individual, including both doubles partners and all team members, must submit a completed entry form with total payment to **RCSG by February 24th. There are no exceptions!** *The deadline is strictly enforced in fairness to all participants.* Entry forms received after February 24th will be returned.

## CONFIRMATION

After we receive your registration entry form, a confirmation will be sent. If you do not receive a written confirmation by Monday, March 6th please call Cindy Castle at 626-1240 ext. 5 or email [ccastle@ci.asheboro.nc.us](mailto:ccastle@ci.asheboro.nc.us)

## FEES

To participate in the Randolph County Senior Games and/or the SilverArts, there is either a **\$10.00 Early Bird Entry Fee** (if registered by February 17th) or a **\$12.00 Regular Entry Fee** (if registered between February 18 - February 24). A facility fee will be charged for those who wish to participate in the following activities: **Awards Banquet (\$5.00), Billiards (\$3.00), Bowling (\$6.75 per event), Cycling (\$10.00 per cyclist), Golf (\$10.00), Miniature Golf (\$3.00) and the 5K Run (\$20.00)**. These facility fees are in addition to the entry fee. The **Awards Banquet** and **Golf** fee will be paid with your entry fee. The facility fee for **Billiards, Bowling, Cycling, Miniature Golf and the 5K Run** must be paid directly to the facility for 2017. Your entry fee includes the following: a RCSG T-Shirt, participant number, meal cost at the Awards Banquet and admission to the Opening Ceremony, Performing Arts Follies and the SilverArts Showcase.

## REPORTING TIMES

All participants should report to their events at least 15 minutes early to pick up registration information. Your participant number will be given out at your first event. For outdoor events, it is recommended to bring a chair.

**ALL PARTICIPANTS MUST SIGN IN AND SHOW A PHOTO ID AT EACH EVENT.**

## WIN A \$25.00 GIFT CERTIFICATE!

For each **NEW PARTICIPANT** (*someone who has never participated in the Randolph County Senior Games*) that you bring into Senior Games, your name will be entered into a drawing. The drawing will be held at the Awards Dinner. The winner of the drawing will receive a prize worth \$25.00.

## INCLEMENT WEATHER

**In case of inclement weather, call Asheboro Cultural & Recreation Services at 626-1240.** Information will be available on postponements or cancellation of events. Rain dates will be announced at the time of postponement.

## QUALIFYING FOR STATE FINALS

The 2017 North Carolina Senior Games State Finals will be held in Raleigh on September 18 - September 24, 2017. The State Softball Tournament is TBD, the Bocce and Cornhole Tournaments are October 3 - 4 in Clayton, the Golf Tournament is August 30 - 31 in Clemmons, the Pickleball Tournament is October 17 - 20 1 in Concord and the Basketball Tournament is August 30 - 31 in Greenville. To qualify, a participant must place 1st, 2nd or 3rd in any official sports event offered at the Randolph County Senior Games. **EXCEPTION: Golfers must meet the Minimum Performance Scores (MPS) & finish in the top 3 in their age group to qualify for State Finals. MPS is available from Cindy Castle and in the NCSG Rules Book on the NCSG website ([www.ncseniorgames.org](http://www.ncseniorgames.org))** In SilverArts, ONLY the 1st, 2nd & 3rd place finishers in Heritage & Visual Arts, the 1st & 2nd place finishers in Literary Arts, the 1st place finisher in Cheerleading and the "Best of Show" winner in Performing Arts will qualify for State Finals competition. If for any reason the act that wins "Best of Show" can not participate at State Finals and notifies RCSG by May 5th, the act that finishes as the first runner-up will have the opportunity to advance to State Finals.

# General Event Information (continued)

## SILVERARTS

All prospective SilverArts participants must complete the enclosed RCSG entry form. All entry forms must be turned in by **Friday, February 24, 2017**. Art work should be brought to the Sunset Theatre located at 234 Sunset Avenue in Asheboro on Monday, March 13 from 9:00am - 2:00pm. At that time, you will need to fill out an information form for each entry. If you have any questions about SilverArts that is not covered here in after, please call Cindy Castle, Senior Games Coordinator at 626-1240 x 5.

- I. **ELIGIBILITY:** Entries must be the original work of the artist and must be a work created after the artist is of age 50. Artwork must have been completed in the last two years.
- II. Each artist may enter up to **three (3)** pieces in any combination of categories. However, only **one (1)** piece per sub-category will be accepted. If the total number of entries exceeds the available display space, only one or two pieces per person will be displayed. The SilverArts Coordinator reserves the right to choose which pieces will be displayed if the total number of entries exceeds the available display space.
- III. **SilverArts is not a sale.** However, if you would like to offer your work for sale, please let the Senior Games Coordinator know. Artwork may not be removed by buyers until after the display is finished.
- IV. Artists may not enter art work if the art piece or literary work has previously been entered in a SilverArts Showcase.
- V. RCSG reserves the right to refuse or remove any or all art pieces that are deemed obnoxious or repulsive in character.
- VI. Some Visual Arts Entries may be chosen to be displayed at the Randolph Arts Guild.
- VII. The **"Specific Category Requirements For SilverArts"** located on the insert are subject to change without notice.

## AWARDS

### Games

Any participant who finishes first, second, or third in any age category for any event during the games will receive one gold, silver, and/or bronze medal to represent all medals won by that participant. Participants will also receive a keepsake results sheet suitable for framing to commemorate each first, second, or third place finish. Certificates will be given to those completing the "SilverStriders Fun Walk".

### SilverArts

- Ribbons will be awarded to the 1st, 2nd, & 3rd place winners in each sub-category. Any participant who finishes 1st, 2nd, & 3rd place in any sub-category will receive one gold, silver, or bronze medal to represent all medals won. Winners will be viewable at the SilverArts Showcase on Tuesday, March 14th from 3:30 pm until 5:30 pm at the Sunset Theatre.
- A "Peoples Choice Award" will be given this year to an entry in either the Heritage, Literary or Visual Arts. The "Peoples Choice Award" will be voted on by the visitors to the SilverArts Showcase. The artist of the entry that receives the most votes will receive a Certificate and a \$25.00 gift card. The "Peoples Choice Award" is not eligible for State Finals Competition unless it also received 1st, 2nd or 3rd place in a Heritage or Visual Arts sub-category or 1st or 2nd in the Literary Arts.
- A "Best of Show" Award will be given to the best overall Performing Arts Act at the SilverArts Follies. The judges will award the overall "Best of Show" and the winner will receive a Certificate and a \$25.00 gift card. The act selected "Best of Show" will also have the opportunity to represent the Randolph County Senior Games at State Finals.

## See you soon at the 2017 Randolph County Senior Games!

\*\*\* NOTE: It is your responsibility to check with Cindy Castle, RCSG Coordinator, before August 1 to determine if you qualified for State Finals and to get a State Finals entry packet. State Final entry forms must be received in the NCSG office in Raleigh by 5:00pm on August 1st! This deadline is strictly enforced in fairness to all.\*\*\*

# Randolph County Senior Games 2017 Entry Form



Important Dates	
February 17:	Early Bird Deadline
February 24:	Entry Deadline
March 13 - April 29:	Games Days

Please fill out the enclosed information and return no later than **February 24, 2017** to:

<b>BY MAIL:</b> Randolph County Senior Games PO Box 1106 Asheboro, NC 27204	OR	<b>DROP BY:</b> Asheboro Cultural & Recreation Services 241 Sunset Avenue Asheboro, NC 27203
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## Registration Information

\_\_\_\_\_  
 First Name                                      MI                                      Last Name                                      DOB (MM/DD/YY)      Age (as of 12/31/17)

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\_\_\_\_\_  
 Address (Street Address)                                      Mailing Address (if different)

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\_\_\_\_\_  
 City                                      State                                      Zip Code                                      Home Phone                                      Cell Phone

Male     Female  
 Gender                                      E-mail Address                                      Cell Phone Carrier

Select a Shirt Size:     Small     Medium     Large     X-Large     2X-Large     3X-Large

Are you a first time Participant?     Yes     No    If yes, who referred you? \_\_\_\_\_

Are you a member of a Civic Club which is participating in the 2017 Civic Club Challenge? \_\_\_\_\_

*The North Carolina State Legislature has made it a requirement that each local Senior Games program include the following questions on their entry forms. All answers are optional and will be kept confidential.*

My ethnicity:     Black or African American     Asian     American Indian or Alaskan Native     White  
 Native Hawaiian or other Pacific Islander     Hispanic     Unknown/Refused

# Sports

To promote total health and physical fitness, events of longer duration and lower intensity are strongly recommended. High-intensity types of activities are offered primarily for the condition, trained athlete. Warm up before events.

**Mark each event that you wish to participate in with an "X".—No additions will be allowed the day of event.**

<p><b>TOURNAMENT EVENTS</b></p> <p>___ Badminton Singles          ___ Badminton Doubles             <b>Partner:</b> _____          ___ Badminton Mixed Doubles             <b>Partner:</b> _____          ___ Billiards (\$3.00)          ___ Bocce          ___ Checkers (*)          ___ Cornhole          ___ Croquet          ___ Darts (*)          ___ Horseshoes          ___ Pickleball Singles          ___ Pickleball Doubles             <b>Partner:</b> _____          ___ Pickleball Mixed Doubles             <b>Partner:</b> _____          ___ Racquetball          ___ Shuffleboard          ___ Table Tennis Singles          ___ Table Tennis Doubles             <b>Partner:</b> _____          ___ Table Tennis Mixed Doubles             <b>Partner:</b> _____          ___ Tennis Singles          ___ Tennis Doubles             <b>Partner:</b> _____          ___ Tennis Mixed Doubles             <b>Partner:</b> _____</p>	<p><b>INDIVIDUAL EVENTS</b></p> <p>___ Basketball Shooting          ___ Bowling Singles (\$6.75)          ___ Bowling Doubles (\$6.75)             <b>Partner:</b> _____          ___ Bowling Mixed Doubles (\$6.75)             <b>Partner:</b> _____          ___ Cycling - 1 Mile (‡)          ___ Cycling - 5K (‡) } (\$10.00)          ___ Cycling - 10K (‡)          ___ Disc Golf (*)          ___ Football Throw          ___ Golf (\$10.00)          ___ Miniature Golf (*) (\$3.00)          ___ Softball Throw</p> <p><b>FIELD EVENTS</b></p> <p>___ Discus Throw          ___ Running Long Jump          ___ Shot Put          ___ Standing Long Jump</p> <p><b>TRACK EVENTS</b></p> <p>___ SilverStriders Fun Walk             (1 Mile non-competitive)          ___ 1500 Meter Race Walk          ___ 5K Race Walk          ___ 50 Meter Dash          ___ 100 Meter Dash          ___ 200 Meter Dash          ___ 400 Meter Dash          ___ 800 Meter Run          ___ 1500 Meter Run          ___ 5K run (\$20.00)</p>	<p><b>SWIMMING EVENTS</b>  <b>(Limit of 6 Events)</b></p> <p>___ 25 yd. Backstroke (*)          ___ 25 yd. Breaststroke (*)          ___ 25 yd. Butterfly (*)          ___ 25 yd. Freestyle (*)          ___ 50 yd. Backstroke          ___ 50 yd. Breaststroke          ___ 50 yd. Butterfly          ___ 50 yd. Freestyle          ___ 100 yd. Backstroke          ___ 100 yd. Breaststroke          ___ 100 yd. Butterfly          ___ 100 yd. Freestyle          ___ 100 yd. Ind. Medley          ___ 200 yd. Backstroke          ___ 200 yd. Breaststroke          ___ 200 yd. Butterfly          ___ 200 yd. Freestyle          ___ 200 yd. Ind. Medley          ___ 400 yd. Ind. Medley          ___ 500 yd. Freestyle</p> <p><b>TOURNAMENT SPORTS</b></p> <p>___ 3 on 3 Basketball (attach roster)             <b>Team:</b> _____          ___ Softball (attach roster)             <b>Team:</b> _____</p>
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Special Notes:

1. (\*) Indicates events that are NOT offered at State Finals
2. (‡) Indicates Ansi/Snell approved helmets are required! Bring your own bike. There is a \$10.00 per cyclist fee.
3. (\$) Must be paid the day of event to the venue, excluding golf. Golf will be paid with entry fee.
4. When you sign up for these games, you agree to be at the designated site on time and ready to participate. Events will only be changed in case of inclement weather or events beyond our control. Failure to participate will result in forfeiture of any medals for that event. NO MAKE-UP TIMES will be allowed. YOU MAY NOT PARTICIPATE IN YOUR EVENT PRIOR TO OR AFTER THE ADVERTISED TIME.
5. Cycling is held at the Lowes Motor Speedway in Charlotte. Transportation will be provided.
6. The Disc Golf Course is a walking course that is rolling to hilly and does go through wooded areas that may be hazardous. These factors should be taken into consideration when registering for this event.
7. Participants who register for 3 on 3 Basketball and/or Softball must sign up as a team. RCSG will NOT place participants on teams.

# Silver Arts

You may enter 3 pieces per category (Heritage, Literary, Visual, & Performing) but only 1 piece per subcategory.  
The piece must have been completed within the last 2 years and NOT previously entered into the SilverArts.

**Mark each subcategory that you want to enter in with an "X" and write the title of each piece on the line.**

<p><b>HERITAGE ARTS</b></p> <p><input type="checkbox"/> Basket Weaving _____</p> <p><input type="checkbox"/> Crocheting _____</p> <p><input type="checkbox"/> Jewelry _____</p> <p><input type="checkbox"/> Knitting _____</p> <p><input type="checkbox"/> Needlework _____</p> <p><input type="checkbox"/> Pottery _____ (thrown and hand built)</p> <p><input type="checkbox"/> Quilting (Hand) _____</p> <p><input type="checkbox"/> Quilting (Machine) _____</p> <p><input type="checkbox"/> Stained Glass _____</p> <p><input type="checkbox"/> Tole/Decorative Painting _____</p> <p><input type="checkbox"/> Weaving _____</p> <p><input type="checkbox"/> Wood carving _____</p> <p><input type="checkbox"/> Wood turning _____</p> <p><input type="checkbox"/> Wood working _____</p> <p><b>PERFORMING ARTS</b></p> <p><input type="checkbox"/> Comedy/Drama <input type="checkbox"/> Large <input type="checkbox"/> Small <input type="checkbox"/> Solo _____</p> <p><input type="checkbox"/> Dance <input type="checkbox"/> Large <input type="checkbox"/> Small <input type="checkbox"/> Solo _____</p> <p><input type="checkbox"/> Instrumental <input type="checkbox"/> Large <input type="checkbox"/> Small <input type="checkbox"/> Solo _____</p> <p><input type="checkbox"/> Line Dance <input type="checkbox"/> Large <input type="checkbox"/> Small _____</p> <p><input type="checkbox"/> Vocal <input type="checkbox"/> Large <input type="checkbox"/> Small <input type="checkbox"/> Solo _____</p>	<p><b>VISUAL ARTS</b></p> <p><input type="checkbox"/> Acrylics _____</p> <p><input type="checkbox"/> Drawing _____</p> <p><input type="checkbox"/> Mixed Media _____</p> <p><input type="checkbox"/> Oil _____</p> <p><input type="checkbox"/> Pastels _____</p> <p><input type="checkbox"/> Photography _____</p> <p><input type="checkbox"/> Sculpture _____</p> <p><input type="checkbox"/> Watercolor _____</p> <p><b>LITERARY ARTS</b></p> <p><input type="checkbox"/> Essays _____ (Not Autobiographical)</p> <p><input type="checkbox"/> Life Experiences _____ (Autobiographical)</p> <p><input type="checkbox"/> Poems _____</p> <p><input type="checkbox"/> Short Stories _____</p> <p><b>CHEERLEADING</b></p> <p><input type="checkbox"/> Large <input type="checkbox"/> Medium <input type="checkbox"/> Small _____</p> <p><b>MISCELLANEOUS CATEGORY</b></p> <p>_____(This category is for any entry that is not covered by a sanctioned SilverArts sub-category. Entries in this category are only eligible for display and will NOT be judged.) _____</p>
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**All SilverArts entry forms must be turned in by Friday, February 24, 2017.**

**Artwork needs to be brought to the Sunset Theatre located at 234 Sunset Ave. in Asheboro on Monday, March 13, 2017 between 9:00 am and 2:00 pm.**

## Entry & Participation Fees

**PARTICIPATION FEES**

Entry Fee	\$10.00 ~ Received by RCSG on or <b>BEFORE</b> February 17 OR \$12.00 ~ Received by RCSG on or <b>AFTER</b> February 18	= \$ _____
Awards Banquet	\$ 5.00 (RCSG will cover the remaining \$6.00 for each registered participant)	= \$ _____
Golf	\$10.00 (includes greens & cart fee)	= \$ _____

**Subtotal 1** = \$ \_\_\_\_\_

**DEDUCTIONS FOR CONTRIBUTIONS**

Friends of Senior Games Donor (Donor may deduct up to \$25.00. Amount cannot exceed Subtotal 1) = \$ \_\_\_\_\_

**Subtotal 2** = \$ \_\_\_\_\_

**OPTIONAL FEES**

Guest Ticket—Awards Banquet	\$10.00 x _____ (# of tickets)	= \$ _____
Extra T-Shirt	\$ 8.00 x _____ (# of tickets)	= \$ _____

**TOTAL AMOUNT ENCLOSED** = \$ \_\_\_\_\_

Make check or money order payable to Randolph County Senior Games

**Refunds: Partial payment is refundable if we are notified in writing by February 24, 2017.  
After February 24, 2017 refunds will NOT be issued!**

# Health Information (Required)

The staff and volunteers of the Randolph County Senior Games program are committed to creating a healthy and safe environment for all participants, staff and spectators. We request that every participant consult his/her doctor in regard to preparation for, and competition in Senior Games or any similar activity. Please inform RCSG at the time of the Games of any changes in your health status or medications.

**Please print clearly. Each question must be answered completely.**

Name of Personal Physician: \_\_\_\_\_ Phone #: \_\_\_\_\_

Emergency Contact's Name: \_\_\_\_\_ Phone #: \_\_\_\_\_

Emergency Contact's Name: \_\_\_\_\_ Phone #: \_\_\_\_\_

## **Health information for all participants (optional)**

This information may be shared with medical providers for your care during the Games.

Names of Medications: \_\_\_\_\_

Your Medical Condition: \_\_\_\_\_

Your Allergies: \_\_\_\_\_

# Assumption of Risk

In consideration of being allowed to participate in any way in the 2017 Randolph County Senior Games athletics/sports program, and related events and activities, the undersigned:

1. Agree that prior to participating, they each will inspect the facilities and equipment to be used, and if they believe anything is unsafe, they will advise their coach or supervisor of such condition(s) and refuse to participate.
2. Acknowledge and fully understand that each participant will be engaging in activities that involve risk of serious injury, including permanent disability and death, and severe social and economic losses which might result not only from their own actions, inactions or negligence but the actions, inactions, or negligence of others, the rules of play, or the condition of the premises or of any equipment used. Further, that there may be other risks not known to us or not reasonably foreseeable at this time.
3. Assume all the foregoing risks and accept personal responsibility of the damages following such injury, permanent disability or death.
4. Release, waive, discharge and covenant not to sue Randolph County Senior Games, its Sponsors, affiliated clubs, their respective administrators, directors, agents, coaches and other employees of the organization, or other participants, hereinafter referred to as "releasees", from any and all liability to each of the undersigned, his or her heirs and next of kin for any and all claims, demands, losses or damages on account of injury, including death or damage to property, caused in whole or in part by the negligence of the releasee or otherwise.
5. I give permission to Randolph County Senior Games to use my likeness in any way it sees fit to promote Randolph County Senior Games.
6. I give permission to Randolph County Senior Games to transport SilverArts Entries from one location to another as needed for display purposes. I agree to hold harmless Randolph County Senior Games, its sponsors, Coordinating Agencies, employees and volunteers for lost, stolen, broken or damaged items in transit or on display.

**I agree that I have read the above Assumption of Risk and filled out the required Health Information located on this page. I understand that it is my responsibility to check with Cindy Castle, RCSG Coordinator, immediately following my local Senior Games to determine if I qualified for State Finals and to get a State Finals Entry Packet if I do not have internet access. My State Finals registration with payment and all required items must be received in the NCSG office in Raleigh by 11:59 p.m. on August 1, 2017. I understand that this deadline is strictly enforced in fairness to all and it is my responsibility to make sure I am registered. The safety and sportsmanlike conduct of everyone is of paramount concern. I understand that Randolph County Senior Games Officials have the authority to disqualify, and/or remove, from current and future RCSG programs, anyone who exhibits inappropriate behavior or a condition of medical concern. I agree to be at the designated event site on time and ready to participate. I understand that no make-up times will be allowed for missed events and that I may not participate in any event prior to or after the advertised time. I further understand that unsanctioned (local) events will be offered ONLY at the advertised starting dates & times and will not be made up if cancelled. I also understand there will be NO MAKE-UPS of sanctioned events, unless they were cancelled by RCSG for inclement weather or for circumstances out of their control.**

Signature of Participant: \_\_\_\_\_ Date: \_\_\_\_\_



# 2017 Randolph County Senior Games Schedule

<i>Day/Time</i>	<i>Event</i>	<i>Location</i>	<i>Day/Time</i>	<i>Event</i>	<i>Location</i>
<b><u>Monday, March 13</u></b>			<b><u>Wednesday, April 5</u></b>		
9:00am – 2:00pm	Silver Arts Entry Drop Off	Sunset Theatre	10:00am	Tennis (Mixed Doubles)	Memorial Park
<b><u>Tuesday, March 14</u></b>			<b><u>Thursday, April 6</u></b>		
3:30pm-5:30pm	Participant Packet Pick Up	Sunset Theatre	8:00am	Shuffleboard (Males 50-69)	Memorial Park
3:30pm-5:30pm	Silver Arts Showcase	Sunset Theatre	10:00am	Shuffleboard (Males 70+)	Memorial Park
5:30pm	Opening Ceremony	Sunset Theatre	1:00pm	Shuffleboard (Females 70+)	Memorial Park
5:30pm	Performing Art Follies	Sunset Theatre	3:00pm	Shuffleboard (Females 50-69)	Memorial Park
<b><u>Wednesday, March 15</u></b>			<b><u>Friday, April 7</u></b>		
9:30am-12:30pm	Silver Arts Entry Pick Up	Sunset Theatre	10:00am	Tennis (Doubles)	Memorial Park
<b><u>Monday, March 20</u></b>			<b><u>Monday, April 10</u></b>		
9:00am	Darts (Males)	Asheboro Skate Park	9:00am	Horseshoes (Females)	Memorial Park
10:30am	Darts (Females)	Asheboro Skate Park	11:00am	Horseshoes (Males)	Memorial Park
2:30pm	Checkers	Asheboro Senior Center	<b><u>Tuesday, April 11</u></b>		
<b><u>Tuesday, March 21</u></b>			1:00pm	Croquet (Females)	Freedom Park
8:00am	Badminton (Singles)	Randleman Rec Center	3:00pm	Croquet (Males)	Freedom Park
8:00am	Badminton (Doubles)	Randleman Rec Center	<b><u>Wednesday, April 12</u></b>		
8:00am	Badminton (Mixed Doubles)	Randleman Rec Center	10:00am	Tennis (Singles)	Memorial Park
<b><u>Thursday, March 23</u></b>			10:00am	Cycling (1 mile, 5K, 10K)	Lowes Motor Speedway
9:30am	Bowling (Mixed Doubles)	Family Sports Center	<b><u>Thursday, April 13</u></b>		
11:30am	Billiards	Family Sports Center	9:30am	Bowling (Singles)	Family Sports Center
<b><u>Friday, March 24</u></b>			11:30am	Bowling (Doubles)	Family Sports Center
1:00pm	Table Tennis (Singles)	Roy C. Reitzel Center	2:00pm	Mini Golf (Females)	Family Sports Center
1:00pm	Table Tennis (Doubles)	Roy C. Reitzel Center	3:30pm	Mini Golf (Males)	Family Sports Center
1:00pm	Table Tennis (Mixed Doubles)	Roy C. Reitzel Center	<b><u>Tuesday, April 18</u></b>		
<b><u>Monday, March 27</u></b>			8:30am	Standing Long Jump	SAMS Track
9:00am	Racquetball	YMCA	8:30am	Running Long Jump	SAMS Track
12:30pm	Swimming Events	YMCA	9:30am	Softball Throw	SAMS Track
<b><u>Tuesday, March 28</u></b>			10:30am	Football Throw	SAMS Track
8:00am	Corn Hole (Females 50-69)	Randleman Rec Center	11:30am	Shot Put	SAMS Track
10:00am	Corn Hole (Females 70+)	Randleman Rec Center	11:30am	Discus	SAMS Track
1:00pm	Corn Hole (Males 70+)	Randleman Rec Center	12:30pm	5K Racewalk	SAMS Track
3:00pm	Corn Hole (Males 50-69)	Randleman Rec Center	<b><u>Thursday, April 20</u></b>		
<b><u>Wednesday, March 29</u></b>			8:30am	Silverstrider Funwalk (1 Mile)	SAMS Track
9:00am	Basketball Shooting	Archdale Creekside Park	9:00am	1500M Run	SAMS Track
10:30am	Disc Golf	Archdale Creekside Park	9:30am	800M Run	SAMS Track
<b><u>Thursday, March 30</u></b>			10:00am	50M Dash	SAMS Track
8:00am	Pickleball (Singles)	Randleman Rec Center	10:30am	200M Dash	SAMS Track
8:00am	Pickleball (Doubles)	Randleman Rec Center	11:00am	400M Dash	SAMS Track
8:00am	Pickleball (Mixed Doubles)	Randleman Rec Center	11:30am	100M Dash	SAMS Track
<b><u>Monday, April 3</u></b>			12:00pm	1500M Racewalk	SAMS Track
8:00am	Bocce (Males 50-69)	Memorial Park	<b><u>Monday, April 24 - April 28</u></b>		
10:00am	Bocce (Males 70+)	Memorial Park	Rain Make Up Days		
1:00pm	Bocce (Females 65-79)	Memorial Park	<b><u>Saturday, April 29</u></b>		
3:00pm	Bocce (Females 50-64; 80+)	Memorial Park	8:15am	5K Run	Memorial Park
<b><u>Tuesday, April 4</u></b>			9:30am - 1:30pm	3 on 3 Basketball	Smith Senior Center
9:00am	Golf	Asheboro Golf Course	<b><u>Tuesday, May 2</u></b>		
			6:00pm	Awards Banquet	AVS Banquet Center

\* Softball date/time/location is still to be determined \*

## APPENDIX T SPECIFIC CATEGORY REQUIREMENTS FOR SILVERARTS

- All persons entering SilverArts must be 50 years of age or better as of December 31<sup>st</sup>, a N.C. resident for a minimum of 3 consecutive months of the calendar year, and must qualify through a Local Senior Games SilverArts program for State Finals.
- Art entry/entries incorrectly categorized by the artist, or not in compliance with NCSG Guidelines and Requirements, will not be considered in the judging process.
- See SilverArts Guidelines for general requirements.

### A. Heritage Arts

- Entries must be the work of the individual and not a group.
- Heritage Art entries must be an original work. Patterns may be used, but no stamped pieces will be accepted.
- Pottery must be hand built or thrown.
- Ceramic molds will not be accepted.
- All framed entries must be securely wired, ready to be hung (no serrated hooks or string). Two-dimensional work not properly framed and wired will not be displayed.
- Framed entries can be no larger than 36" x 42", including matting and frame.
- Entries can be no heavier than 50 pounds.
- All entries, except framed work, must be able to be displayed in an area 3'(W) x 3'(L) x 5'(Height).
- Groupings (sets) shall have no more than 3 separate pieces per set. All objects within each piece of the set must be contained within or attached to one of the 3 pieces of the set.
- Artist's name and title of entry must appear on, or be attached to, entry for identification.
- Artist must send a photo of entry with State Finals Entry Form and SilverArts Information Form. Photos cannot be returned.
- Artists, or their representatives, are responsible to deliver and pick-up their entry at/during the designated times.
- The heritage arts entry entered at State Finals must be the same entry that won at the Local Games.
- An artist may only submit one (1) entry per sub-category at State Finals.

### B. Visual Arts

- All artwork, except sculpture, must be framed (or gallery wrapped), securely wired, and ready to be hung (no serrated hooks or string). Artwork, except sculpture, not properly wired will not be displayed.
- Artwork, except sculpture, can be no larger than 36" x 42", including matting and frame.
- Entries can be no heavier than 50 pounds.
- Sculpture groupings (sets) may have no more than 3 pieces per grouping (set).
- Mixed media may be a freestanding piece.
- Freestanding entries must be able to be displayed in an area 3'(W) x 3'(L) x 5'(height).
- Artists, or their representatives, are responsible to deliver and pick-up their entry at/during the designated times.
- If on-site assembly is required, details must be specified on the Information Form for NCSG prior approval.
- The art piece must be an original work, not a print.
- Artist's name and title of entry must appear on, or be attached to, entry for identification.
- Artist must send a photograph of entry with State Finals Entry Form and SilverArts Information Form. Photos cannot be returned.
- The visual arts entry entered at State Finals must be the same entry that won at the Local Games.
- An artist may only submit one (1) entry per sub-category at State Finals.

### C. Literary Arts

- All entries must be typed, double-spaced, on 8-1/2 x 11 paper and have a minimum of 1" margins. A minimum font size is 10-pt type (preferably "times new roman or arial").
- Poems can be no longer than 40 lines.
- Short stories, essays, and life experiences can be no longer than 8 pages.
- All entries must have a title page, which includes title of entry, sub-category, and name of artist.
- Artist's name must not appear on the content pages.
- A display-quality copy of the winning Literary Arts entries, and two (2) additional copies, should be submitted to NCSG by the artist with their official State Finals Entry Form and SilverArts Information Form. No framed or matted entries will be accepted.
- The original and all copies will be retained by NCSG.
- The literary arts entry entered at State Finals must be the same entry that won at the Local Games.
- An artist may only submit one (1) entry per sub-category at State Finals.

### D. Performing Arts

- An artist may only have one (1) entry per size of act in each sub-category.
- Performing entries are limited to three (3) minutes of on-stage time. Exceeding the time limit will result in automatic disqualification. Timing is the performer's responsibility and begins with the first note of music or the first movement visible to the audience and ends with the final note of music or movement of the act.
- Performing entries may be one of the following: (a) soloists, (b) small groups (2 - 4 performers), or (c) large groups (5 or more performers). Accompanist(s) will be counted to determine size of act. No one under age 50 as of Dec. 31<sup>st</sup> will be permitted on stage and an accompanist must be a registered participant.
- All performers for all acts must enter stage right and exit stage left or begin and end on the stage. See the SilverArts Manual for a stage diagram.
- If recorded music is used, it must be an mp3 file (submitted electronically or on a flash drive) or a high-quality CD. Music must be sent with the State Finals Entry Form and SilverArts Information Form. No recorded instruction is permitted. This should be the only track on the CD/flashdrive or electronic file. Music may be picked up following the performance. It cannot be mailed/returned.
- At State Finals, NCSG can provide the following items: chairs, microphone(s), piano and sound system. The act is responsible for all other props and equipment and must get NCSG advance approval for use at Show. Props must be small, few, light-weight and easy to set up quickly.
- Voice presentations must be a live performance by the artist. Background music can be recorded. Lip-synch is not permitted as a performing art.
- The Group Leader, who must be a participant, must complete the SilverArts Information Form for the group and submit it with their State Finals Entry Form and each member of the group must submit their own personal State Finals Entry Form by the August 1st deadline.
- The performance at State Finals must be the same performance that won at the Local Games; i.e. same song, dance, music, etc.
- No live animals are allowed, except for service animals.