



**Facilities**

- Public restrooms are available during daytime hours:
- Asheboro Downtown Farmers' Market (when market is open)
  - Asheboro Library (when open)
  - Asheboro Senior Center
  - Cultural & Recreation Services Office
  - Frazier Park
  - Memorial Park
  - Tennis Center at Memorial Park
- Benches or tables for rest spots are available:
- Along Sunset Avenue
  - Bicentennial Park
  - Frazier Park
  - Gateway Park
  - Memorial Park
  - Asheboro Downtown Farmers' Market
- Parking is available in public lots downtown. In addition, the following churches allow parking in their lots unless otherwise marked (please avoid using these lots on Sundays):
- First United Methodist Church
  - Central United Methodist Church
  - First Baptist Church
  - First Presbyterian Church

Pedestrian railroad crossing incomplete in this area - please use caution

**LEGEND**

- 3/4 Mile Route
- 1 Mile Routes
- 1.5 Mile Routes
- 2 Mile Routes
- 2.5 Mile Routes

**Downtown Asheboro Fitness Walk All Routes**

City of Asheboro  
Randolph County, North Carolina



Special thanks to our Fit Community Partners, including area churches, Randolph Hospital and the North Carolina Health & Wellness Trust Fund.

To report a sidewalk concern, please call Dwain Maness at 336-626-1234 x 2206.